

Outline for Dr. Schneider's 11/28/07 Seminar
Treatment Approaches
Pharmaceutical and Nutritional Approaches to Treating Children and Young Adults

- I. Introduction of Dr. Schneider
- II. Common Child and Adolescent Psychiatric Disorders

The following will be discussed for each disorder presented below

- Brief overview of diagnostic criteria, prevalence, course
- Treatment options
 - ✓ Psychotropic medication
 - ✓ Cognitive / behavioral treatment
 - ✓ Alternative treatment

- 1. Disruptive Behavioral Disorders
 - a. Attention-Deficit Hyperactivity Disorder
 - b. Oppositional Defiant Disorder
 - c. Conduct Disorder
- 2. Learning Disorders
- 3. Pervasive Developmental Disorders
 - a. Autism
 - b. Asperger's Disorder
- 4. Anxiety disorders
 - a. Separation anxiety disorder
 - b. Specific phobias / social phobia
 - c. Generalized anxiety disorder
 - d. Obsessive compulsive disorder
 - e. Panic disorder
 - f. Post-traumatic stress disorder
- 5. Mood disorders
 - a. Unipolar depression
 - b. Pediatric bipolar depression
- 6. Psychotic disorders
 - a. Schizophrenia
 - b. Delusional disorder
- 7. (If time permits) Other child and adolescent disorders

- III. Questions